

# CEO<sub>of</sub> Self

Create the Best Version of You





## CEO of S.E.L.F.

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## Success Story

*Yes, and . . . -or- Yes, but . . .*

Excellent	Good	Average	Fair	Poor
<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>

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## The Quiggle Assessment

*Keep them tuned in for more.*

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# The Quiggle Assessment

*What is your Success Story?*

1. Circle one group of adjectives below.

Bold Creative Imaginative
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A

Adventurous Pioneering Courageous
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B

Ambitious Confident Optimistic
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C

Caring Loyal Empathetic
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D

Analytical Detail-Oriented Organized
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E

Classic Refined Reputable
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F

2. Write your Success Symbol in the box.

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3. Write the 5 adjectives that represent you best as a leader on the lines below.

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4. Write the one adjective that represents you the best as a leader in the box below.



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The  
**Quiggle**  
ASSESSMENT



# The Quiggle Assessment

What is your Success Story?

5. Write your Success Story below using your favorite, verb, adjective, and noun.

My name is, \_\_\_\_\_, and I . . .

Your Name

Verb	Adjective	Noun
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6. Use the remaining four adjectives to write your Success Story in its entirety.

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# Emotional Intelligence

Excellent    Good    Average    Fair    Poor

## 1. Self-Awareness

*Do you have CEO Disease?*

**5            4            3            2            1**

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## 2. Social Awareness

*Empathy*

**5            4            3            2            1**

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*Situational Awareness*

**5            4            3            2            1**

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*Organizational Awareness*

**5            4            3            2            1**

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## 3. Relationship Management

*Crisis Management*

**5            4            3            2            1**

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Excellent    Good    Average    Fair    Poor  
**5            4            3            2            1**

*Inspirational Leadership*

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**4. Self-Management**  
*Adaptability*

**5            4            3            2            1**

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**Learn more by listening to my podcast on Creative Destruction @ [QuiggleGroup.com/006](http://QuiggleGroup.com/006)**

*Positive Outlook*

**5            4            3            2            1**

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*Achievement Orientation | Change Your Perspective*

**5            4            3            2            1**

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**Leadership**

**Building Your Pyramid**  
*Investing in others.*

**5            4            3            2            1**

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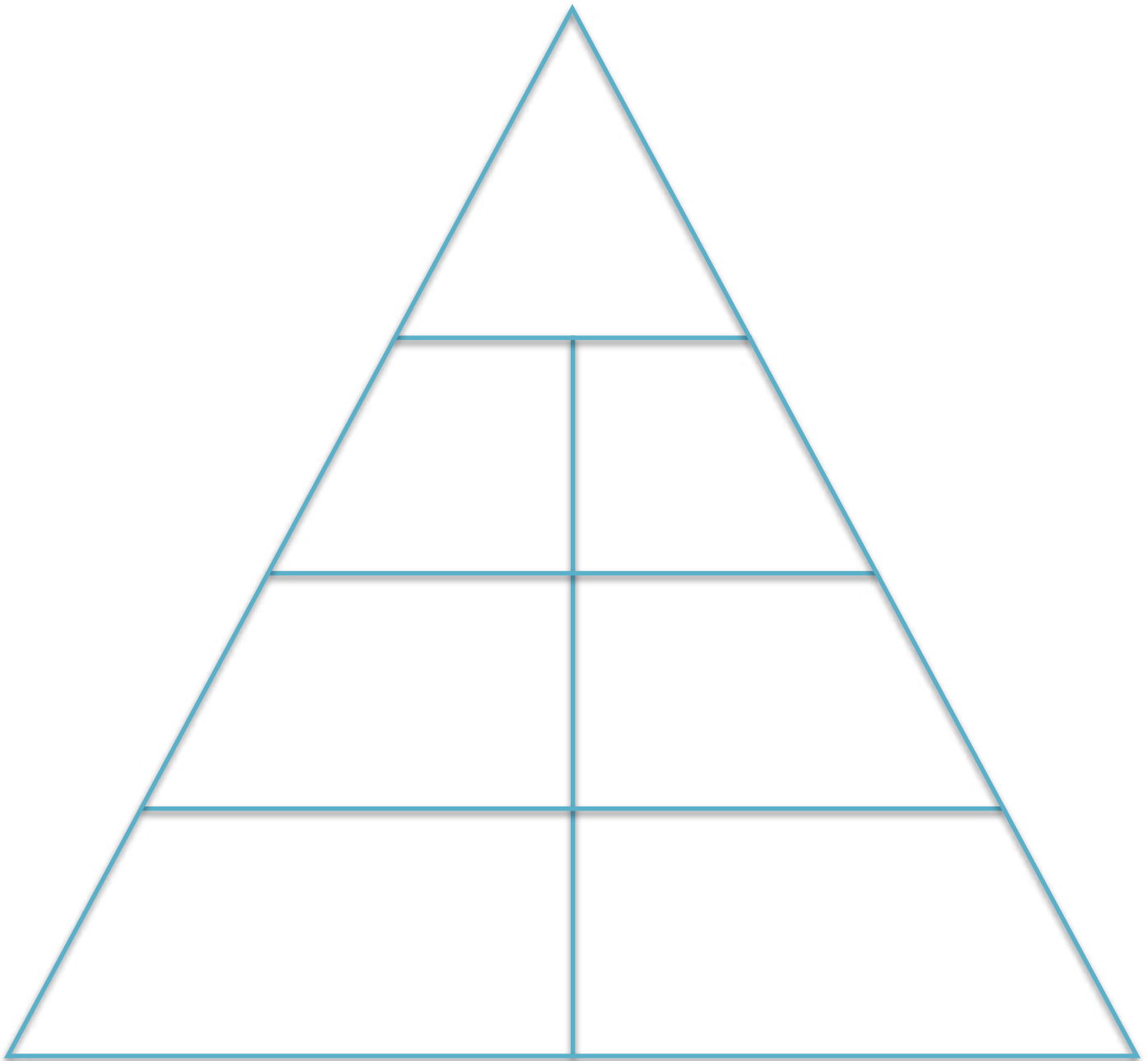
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With your leadership legacy in mind, create a value pyramid based on your own personal goals and objectives for a balanced, successful life.





# LEGACY LEADERSHIP | BUILDING BLOCKS

## *Wooden Pyramid Building Blocks*

Competitive Greatness	Skill	Initiative
Poise	Team Spirit	Intentness
Confidence	Self Control	Industriousness
Condition	Alertness	Friendship

## *Leadership Values & Virtues*

Acceptance	Discretion	Industry	Service
Accountability	Discipline	Joyfulness	Sensitivity
Ambition	Empathy	Kindness	Silence
Assertiveness	Endurance	Knowledge	Simplicity
Benevolence	Enthusiasm	Love	Sincerity
Bravery	Excellence	Loyalty	Sobriety
Caring	Faith	Moderation	Spontaneity
Caution	Faithfulness	Obedience	Steadfastness
Commitment	Flexibility	Openness	Strength
Compassion	Focus	Orderliness	Tact
Confidence	Forgiveness	Patience	Thankfulness
Consideration	Friendliness	Peace	Tolerance
Contentment	Generosity	Perseverance	Toughness
Cooperation	Gentleness	Persistence	Tranquility
Courtesy	Grace	Prudence	Trust
Creativity	Gratitude	Punctuality	Trustworthiness
Curiosity	Helpfulness	Purposefulness	Truthfulness
Dependability	Honesty	Reliability	Understanding
Determination	Humility	Resourcefulness	Unity
Devotion	Humor	Respect	Wisdom
Diligence	Integrity	Responsibility	Zeal
Discernment	Impartiality	Selflessness	



Excellent	Good	Average	Fair	Poor
<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>

**Direction**

*Define the target for you and everyone around you.*

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**Corporate Athlete**

*Physical*

<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
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*Intellectual*

<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
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*Spiritual*

<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
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*Social*

<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
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*Emotional*

<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
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Excellent    Good    Average    Fair    Poor

Attitude of Gratitude

**5      4      3      2      1**

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*Personal Gratitude Calls*

*Professional Gratitude Calls*

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Humor

**5      4      3      2      1**

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Kitchen Cabinet

**5      4      3      2      1**

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*Who's in your Kitchen Cabinet? Identify 5 people in your Kitchen Cabinet or who you would like to be in your Kitchen Cabinet.*

- 1.** \_\_\_\_\_
- 2.** \_\_\_\_\_
- 3.** \_\_\_\_\_
- 4.** \_\_\_\_\_
- 5.** \_\_\_\_\_

**Date (    /    /    )**

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Excellent    Good    Average    Fair    Poor

**5            4            3            2            1**

Work-Life Balance Myth  
*Be where you are. Be there fully.*

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**Fun**

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Your Leadership Legacy

**5            4            3            2            1**

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The Journey Is the Joy

**5            4            3            2            1**

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危险

**DANGER**

机会

**OPPORTUNITY**

危机

**CRISIS**





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## Subscribe and Listen to Dan's Leadership Podcast

Garage to Goliath | Leaders Building Legacies  
available wherever you listen

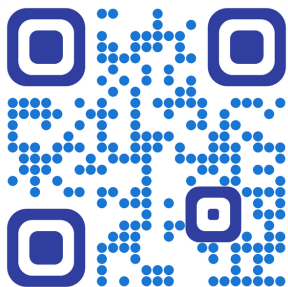
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